



Stepping On – Facilitator Training

| Grant Goal | | Recruitment Objective | |
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| The Ohio Department of Health (ODH) is the recipient of an Administration for Community Living (ACL) grant, in which funding has been provided to sustain and expand balance and mobility programming in Ohio. | | ODH is recruiting individuals to participate in a FREE upcoming Stepping On (SO) Facilitator training. | |
| Program Overview | | | |
| SO is an evidence-based fall prevention program, which is facilitated in a small group setting, within a community-based location, and as a seven-session (2-hour sessions) series. The program is grounded in behavior change, preventative framework, and principles of adult education, with a focus on four critical domains: balance and strength exercises, medication review, vision review, and home modifications. The WIHA serves as the national license holder for the program, whereas the ODH functions as the statewide license holder for Ohio. | | | |
| Training Details | | | |
| Cost: Free | Location: Virtual (Zoom) | | Dates: January 25 th – 27 th |
| Participants: 7 – 10 Pairs (14 – 20 Individuals) | | Certification: In-Person & Virtual | |
| Contact Information | | | |
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